

Breakfast Menu - June 2022

Orchid school

DAY	6TH	7TH	8TH	9TH	10TH
DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	NA	NA	Veg upma with sev	Thalipeeth with green chutney	Cheese Sandwhich
LUNCH	NA	NA	Dal khichadi with jeera aloo, kurdai and pealed oranges	Panner tikka sabji with roti, jeera rice and salad	Pav Bhaji with Rose mik shot
DAY	13TH	14th	15th	16th	17th
DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Dal Vada 2 pcs	Panner paratha	Veg puff with boiled corn	3 pc Idli chutney	Sabudana khichadi
LUNCH	Palak Panner with roti and tomato rice	Veg Fried rice with Veg manchurian	Cauliflower sabji with roti and 2 pc Dahi vada	Tava Pulav with Raita , salad and Papad	4 Pooori aloo bhaji with mango Shot
DAY	20th	21st	22nd	23rd	24th
DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Poha and Sev	Dhokla 6 pc with green chutney	2 pcs Vada pav with chutney	3 small medu vada and chutney	Misal with 2 pav
LUNCH	Chole , Jeera Rice 1 chappati, lachha onion	Aamti , Rice , chappati and koshimbir	Veg Pulav with raita and methi paratha	Panner bhurji with phulka , salad and fruit	Veg noodles with sauce and chocolate ball
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
DATE	27TH	28TH	29TH	30TH	
BREAKFAST	Green Tikki	Panner roll	Veg maggi	Beetroot Aloo tikki	
LUNCH	Khadi pakoda , aloo roast , sprouts pulav and salad	Aloo bhendi , Dal and roti and salad	Rajma with jeera rice and lassi	Veg kofta with 2 roti , Lemon rice and Salad	